

|             | LUNES             | MARTES            | MIERCOLES         | JUEVES            | VIERNES           | SABADO                |
|-------------|-------------------|-------------------|-------------------|-------------------|-------------------|-----------------------|
| 7:00/8:00   | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          |                       |
| 8:00/9:00   | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          |                       |
| 9:00/10:00  | HALTERO           | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | OPEN                  |
| 10:00/11:00 |                   | CROSSFIT          | HYBRID            | CROSSFIT          | HYBRID            |                       |
|             |                   | HYROX             |                   | HYROX             |                   |                       |
| 11:00/12:00 | CROSSFIT          | GYMNASTIC         | CROSSFIT          | CROSSFIT          | CROSSFIT          |                       |
|             | STRENGTH          |                   | STRENGTH          |                   | STRENGTH          |                       |
| 12:00/13:00 | OPEN              |                   |                   |                   |                   | CROSSFIT              |
| 13:00/14:00 | OPEN              |                   |                   |                   |                   | OWL GYMNASITC ADULTOS |
| 14:30/15:30 | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          |                       |
| 16:00/17:00 | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | OWL GYMNASITC KID     |
| 17:00/18:00 | OWL GYMNASITC KID | OWL GYMNASITC KID | OWL GYMNASITC KID | OWL GYMNASITC KID | OWL GYMNASITC KID | OWL GYMNASITC KID     |
|             | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          |                       |
|             | COMPETITOR        | COMPETITOR        | COMPETITOR        | COMPETITOR        | COMPETITOR        |                       |
| 18:00/19:00 | HALTERO KID       |                   | HALTERO KID       |                   |                   | OWL GYMNASITC KID     |
|             | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          |                       |
|             |                   | HYBRID            | HYROX             | MOBILITY          | STRENGTH          |                       |
| 18:30/19:30 |                   |                   |                   | GYMNASTIC         |                   |                       |
| 19:00/20:00 | COMPETITOR        |                   |                   |                   |                   |                       |
|             | HALTERO           | CROSSFIT          | HALTERO           | CROSSFIT          | CROSSFIT          |                       |
|             | HYROX             | MOBILITY          | FUNDAMENTOS       | HYROX             | HYBRID            |                       |
| 19:30/20:30 |                   | MIDLANE           |                   | MIDLANE           |                   |                       |
| 20:00/21:00 | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          | CROSSFIT          |                       |
|             | FUNDAMENTOS       | STRENGTH          | STRENGTH          | FUNDAMENTOS       |                   |                       |
| 20:30/21:30 | CROSSFIT          |                   | FOOTBALL          | CROSSFIT          |                   |                       |
| 21:00/22:00 | CROSSFIT          | GYMNASTIC         | CROSSFIT          | CROSSFIT          | CROSSFIT          |                       |